



# VOLUNTEER Opportunities

*Individuals*

**Do you see yourself here? Let us know!**

**Please contact Courtney Flug [cflug@resource-mn.org](mailto:cflug@resource-mn.org) or 612-752-8030 to get started.**

<b>Job Search Assistant</b>	Support and assist job seekers in the computer lab 1:1 or in small groups. Assist with job applications. Develop, edit, or review resumes.	Weekdays 9am to 4pm 1-3 hours/shift Minneapolis, Saint Paul, Saint Louis Park, & Saint Cloud
<b>Adult Education Aide</b>	Provide 1:1 support to adult students enrolled in post-secondary training. Assist with class assignments, reading, and other training related tasks.	Weekdays 9am to 4pm 1-3 hours/shift Minneapolis & Saint Paul
<b>Drop-In Assistant</b>	Interact with members during drop-in or social/recreation programming with activities such as playing board and card games, playing pool or ping-pong, or attending one of the planned activities to encourage member participation.	Weekdays 12pm to 4pm 2-4 hours/shift Minneapolis, Crystal, & Bloomington
<b>Childhood Development Assistant</b>	Support children under the age of 5 become prepared for Kindergarten while their mothers participate in treatment and recovery groups. Interact with children 1:1 or in small groups completing short lessons to develop cognitive skills, motor skills, and creativity.	Weekdays 8:30am to 12:30pm 2-4 hours/shift Minneapolis
<b>Children's Activities Assistant</b>	Interact with youth in our family program while mothers engage in a parenting workshop. Activities may include homework, play, games, crafts, reading.	Mondays & Tuesdays, 3:30pm to 6:00pm Minneapolis
<b>Activity Leader</b>	Lead a one-time, monthly, or weekly group around a particular talent or hobby. Interest include: Music and Music Therapy, Arts and Crafts, Nutrition, and Wellness.	Weekday Afternoons, 12pm to 4pm 1-4 hours/shift Crystal

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