



VOLUNTEER

Opportunities for Groups

Availability of volunteer opportunities listed on this handout is subject to change based on current volunteer involvement. Please contact staff listed for the opportunity that you are interested in for more information.

Caring Cooks	North Minneapolis, 1 st & 3 rd Thursdays Roseville, 2 nd & 4 th Thursdays	Perfect for a group of up to five volunteers!	Courtney Flug	cflug@resource-mn.org	612-752-8030
<p><i>Provide meal for a career advance workshop for single mothers:</i> Prepare & Serve meal that has already been planned; Planning, purchasing ingredients, and preparing meal for one our programs that host evening workshops and activities. Kitchen available on-site for volunteer use; Bringing store/restaurant bought food. (Serving food and clean up is option); OR Preparing a freezable meal ahead of time and dropping it off for one of our programs to utilize. (Minimum meal servings is 20). Dinner served at 6 pm, volunteers should plan to arrive accordingly to guarantee serving time. Most volunteer arrive between 4 and 4:30. One-time, Monthly, or Quarterly welcome!</p>					
<p>Group Activities That You Can Do Anywhere! Contact Courtney Flug cflug@resource-mn.org 612-752-8030 for more information.</p>					
<p>Kit Assembly Contents of kits are the responsibility of the volunteer group and can be collected through a drive, purchased, or donated as in-kind.</p>					
<p>Personal Hygiene Kits Reach out to people in their time of need. Collect or purchase items to go into personal care item kits. Assembling of the kit is a perfect volunteer activity. Kits include personal hygiene products which many of our clients don't have when moving in; individuals experiencing homelessness; or individuals who are looking for employment or just got a new job.</p>		<p>Each kit should include: Bar of Soap (Wrapped), Washcloth, Tooth Brush, Toothpaste, Shampoo and Conditioner, Comb/Brush, deodorant. Other items can be provided is desired. ✓ Items can be travel size, full-size, or mixture.</p>			
<p>Job Search Kits Many of our programs have employment services and would like to be able to provide job seekers with some of the following supplies to keep them organized in their search.</p>		<p>Each kit should include some combination of the following: 3-Ring Binders, Folder, or Pad folio; Daily Planner, or Address Book; Pen; Notepad; Breath Mints; Flash Drive.</p>			
<p>Cleaning Kits Cleaning products are expensive, help our client succeed as tenants when they move into their new apartment! This kits provides them with a starter kit for caring for their new home.</p>		<p>Kits can be placed in large Ziploc bags or totes. All Purpose Cleaner (Clorox wipes okay); Windex (Windex wipes okay); Magic Erasers (Optional); Sponges; Dish soap; Cleaning Gloves; Hand Soap</p>			
<p>Kitchen Essential Kits Help individuals moving out of homeless by offering them some of the basic kitchen essentials that may be easily overlooked.</p>		<p>Dish Soap, Sponge, Dish/Drying Rag, Serving/Miing Spoon, Can Opener, Spatula</p>			